



BISHOPS STORTFORD HASLER MARATHON

Sunday 29th June 2025

PUK MRC DIVISIONAL & EASTERN REGION HASLER QUALIFIER RACE



VENUE	Bishops Stortford CC, Southmill Lock, River Stort, Bishops Stortford																
DIRECTIONS	<p>Access to the club is from the A1060, via a small private track (Styleman's Lane).</p> <p>For navigational purposes use postcode CM22 7QJ.</p> <p>See www.StortfordCanoe.org.uk/find-us.html</p> <p>Please respect the 5mph speed limit in the lane and on the field.</p>																
CAR PARK	We have arranged parking on a neighbouring field, subject to weather conditions. Hard standing will be reserved for trailers and those with accessibility issues.																
CLASSES	<p>Singles: divisions 1, 2, 3, 4, 5, 6, 7, 8, 9</p> <p>Doubles: divisions 2, 3, 4, 5, 6, 7, 8, 9</p> <p>Geoff Sanders: A, B and C singles races only</p>																
TIMETABLE	<table><tr><td>Check-in</td><td>9:00-10:00</td></tr><tr><td colspan="2">(up to 11:30 for pre-entered paddlers Divs 1,2,3,7,8,9 only)</td></tr><tr><td>Briefing Divs 4,5,6 & Geoff Sanders</td><td>10:15</td></tr><tr><td>Race starts Divs 4,5,6</td><td>10:45</td></tr><tr><td>Race starts Geoff Sanders A,B,C</td><td>11:00</td></tr><tr><td>Briefing Divs 1,2,3,7,8,9</td><td>12:10</td></tr><tr><td>Race starts Divs 1,2,3,7,8,9</td><td>12:40</td></tr><tr><td>Prizegiving</td><td>15:00</td></tr></table>	Check-in	9:00-10:00	(up to 11:30 for pre-entered paddlers Divs 1,2,3,7,8,9 only)		Briefing Divs 4,5,6 & Geoff Sanders	10:15	Race starts Divs 4,5,6	10:45	Race starts Geoff Sanders A,B,C	11:00	Briefing Divs 1,2,3,7,8,9	12:10	Race starts Divs 1,2,3,7,8,9	12:40	Prizegiving	15:00
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FEES	<p>Hasler divisions: Seniors £12, Juniors £10. Geoff Sanders races: £3</p> <p>Late entry surcharge of £5 on all entries.</p> <p>The regional pre-printed number boards will be used. (£5 fee for losses/breakages).</p>																
MEMBERSHIP	PUK On-Water membership or Club Associate membership (below Div 6 only) is required. Otherwise, Single Event Membership (SEM) must be purchased for £5 through the entry website in advance at the time of booking. All boats must be licensed for use on CRT water.																
ENTRIES	<p>Please use the MRC Race Entry website for entries</p> <p>https://entries.qbcanoemarathon.co.uk/entries</p> <p>All entries must be accompanied by electronic payment using the reference number given by the system (see details on the Race Entry webpage)</p> <p>Entries through this system will close 23:59 on Friday 27th June 2025</p> <p>Entries will be accepted on the day, paid as cash, but these and any entries made previously but for which payment has not been received by 27th June, will be subject to a £5 late entry fee per seat (all classes)</p> <p>Under 18s must be booked in by an adult (e.g. parent/Team Leader) who is able to take responsibility for their participation, and will accompany them to the event.</p>																

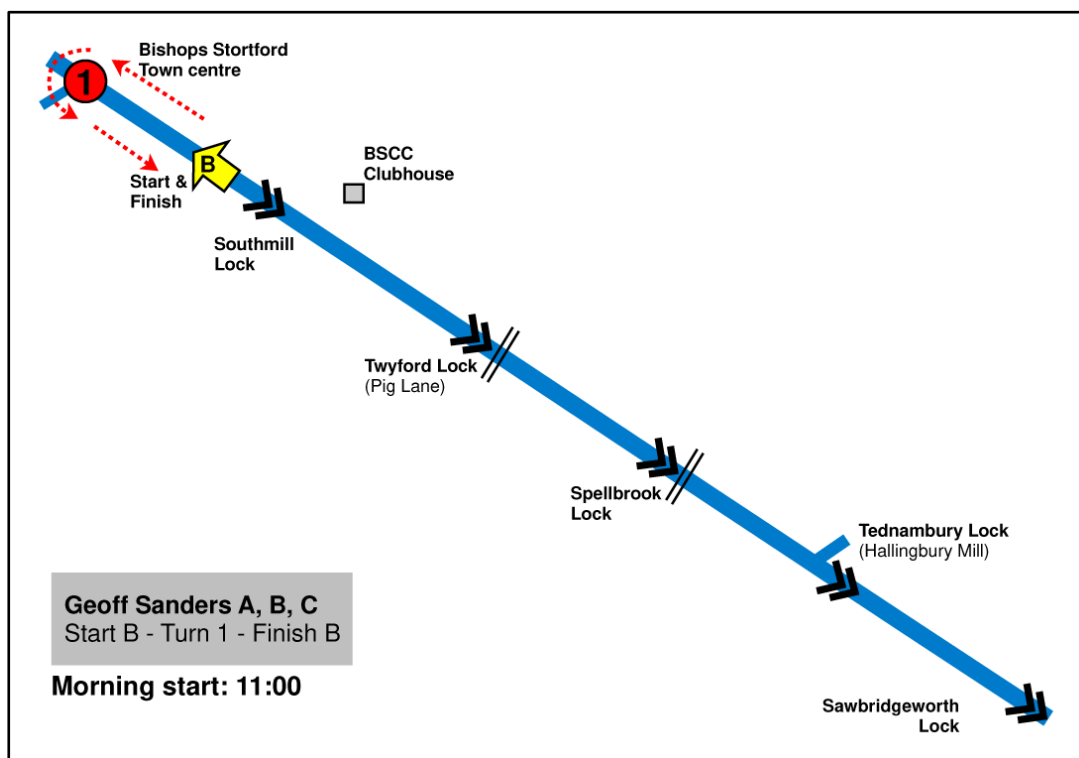
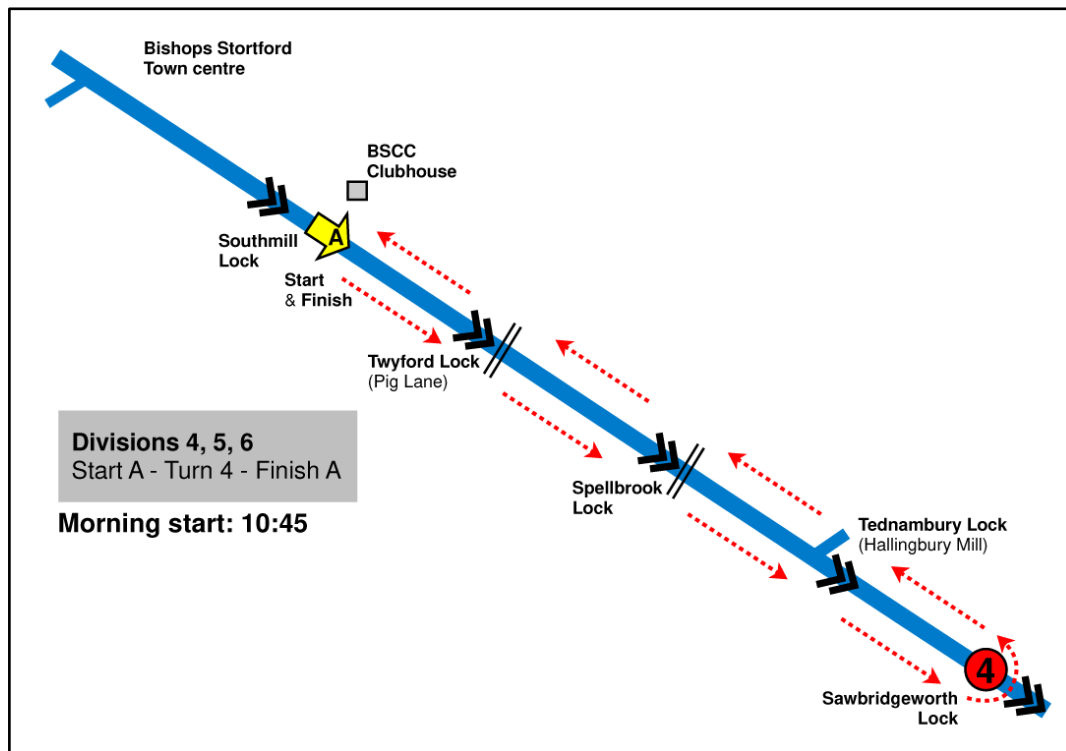
ORGANISER	Joe Fitzpatrick (07825 371434) hasler@StortfordCanoe.org.uk
SAFETY	Andrew Gurney
EVENT WELFARE	Mick Hussey (07837 274660)
RULES	The race will be run under the current PUK Marathon Racing Committee rules.
SAFETY	<p>All participants must be capable of swimming 50m in racing clothing. Footwear should be worn by all participants, and clothing appropriate for the weather conditions on the day.</p> <p>All paddlers other than those ranked in divisions 1-6 must wear buoyancy aids (as described in MRC rules), and all paddlers under age 16 in higher divisions are strongly advised to do so. Any paddler who has a medical condition or other pre-disposition that could compromise their safety on the water is required by BSCC to inform the Event Safety Officer, and to wear a buoyancy aid at all times whilst on the water or any other safety precautions required by the ESO; it is the responsibility of the paddler (or adult responsible for them) to ensure that they do. Competitors are advised not to enter any of the locks in order to portage. Please note that two of the locks to be portaged (Twyford and Spellbrook) include road crossings. Marshals will be present.</p> <p><i>Canoeing and kayaking is by its nature an unpredictable sport and therefore inherently involves an element of risk.</i></p>
PORTAGES	Paddlers who require assistance should notify us when their entry is placed.
BOATS	Boats can be put near the river on the edge of the parking field or as instructed by marshals: no boats are to be put on the grass in front of the clubhouse or on the towpath. Ensure you follow Check-Clean-Dry protocol to prevent the cross-contamination of waterways with invasive species.
FACILITIES	<p>Changing rooms & showers available in the clubhouse.</p> <p>Gents toilets in Portaloos, and Ladies toilets in the clubhouse.</p> <p>There is an accessible toilet located in the clubhouse.</p>
FIRST AID	The first aid point will be in the main clubroom. An AED (defibrillator) is also located in the foyer of the clubhouse.
SPECTATING	Good access along the towpath from the club for spectators on foot or bike.
REFRESHMENTS	Competitors' food will be provided after the race. There will be a BBQ, cakes and other refreshments for sale by cash or card.
PROTESTS	Racing protests must be made in writing to the Race Organiser within 30min of the end of the relevant race. Other matters of Safety or Welfare concern should be drawn to the immediate attention of the Event Safety/Welfare Officer.
PRIZES	There will be trophies/medals for 1 st , 2 nd , 3 rd boat in each race, & 1 st Girl in Geoff Sanders A/B/C
RESULTS	Provisional results will be displayed on the day. Final results will be published at https://entries.gbcanoeamarathon.co.uk/results/races .
PRIVACY	Information will be shared with the PUK Marathon Racing Committee.
PHOTOS	BSCC will use photographs taken at the event to promote the club and the sport on the grounds of our legitimate interest in doing so.

BSCC reserves the right to alter any of these arrangements without prior notice should the weather, river or other circumstances warrant it.

COURSES	Division 1, 2, 3 singles and 2, 3 doubles	19 km	12 miles	8 portages
	Division 4, 5, 6 singles and 4, 5, 6 doubles	11.5 km	7 miles	6 portages
	Division 7, 8, 9 singles and 7, 8, 9 doubles	6.5 km	4 miles	2 portages
	Geoff Sanders A, B, C	2.5 km	1.5 miles	0 portages

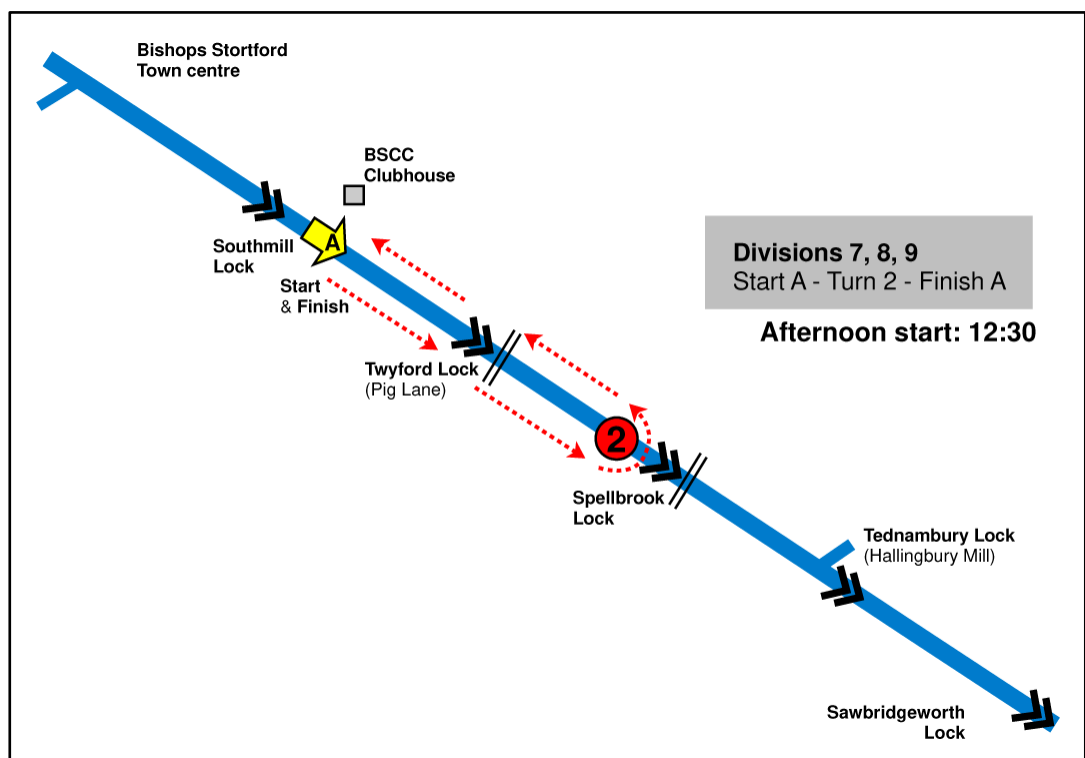
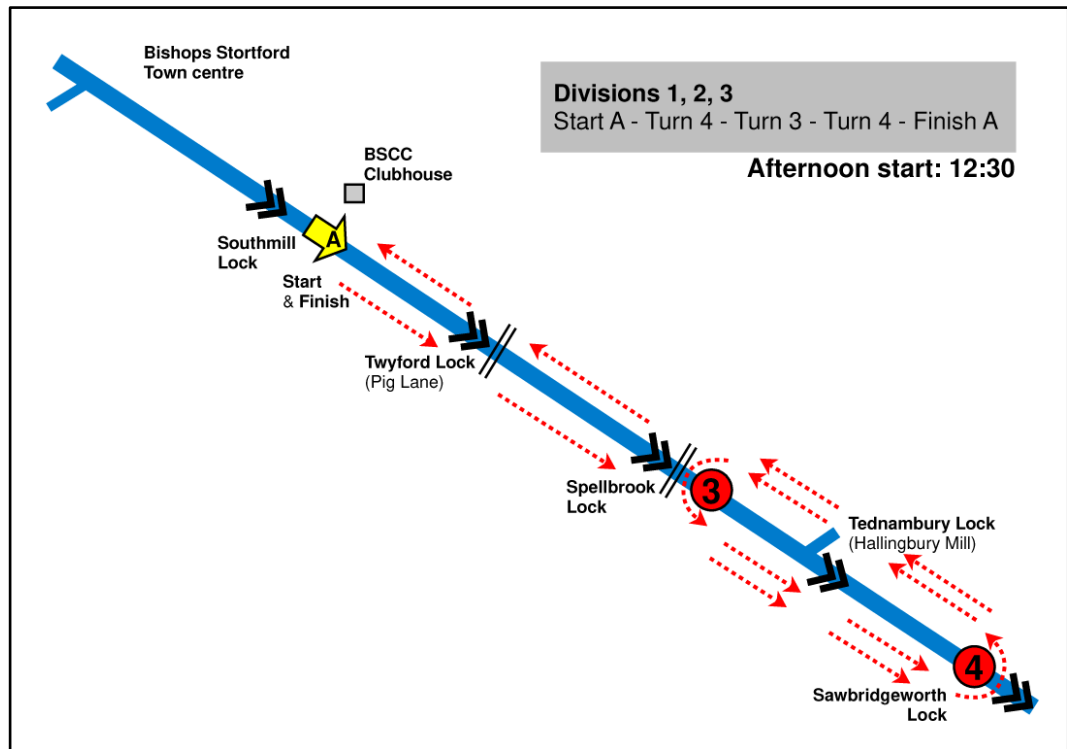
Morning races:

- **Div 4-6** Start A outside clubhouse, head downstream, portage three locks and turn at Sawbridgeworth (Turn 4), returning over three locks to finish at A
- **Geoff Sanders A,B, C** Start above the lock (Start B) and head upstream to the Town Centre (Turn 1) and back



Afternoon races:

- **Div 1-3** Start at A, portage three locks; turn at Sawbridgeworth Lock (Turn 4); upstream over one lock (Tednambury) to turn at Spellbrook Lock (Turn 3); downstream over one lock (Tednambury) to turn at Sawbridgeworth Lock (Turn 4); returning over three Locks to finish at the clubhouse (A).
- **Div 7-9** From Start A, portage one lock (Twyford); turn at Spellbrook Lock (Turn 2); return upstream portaging once more to finish at the clubhouse (A).



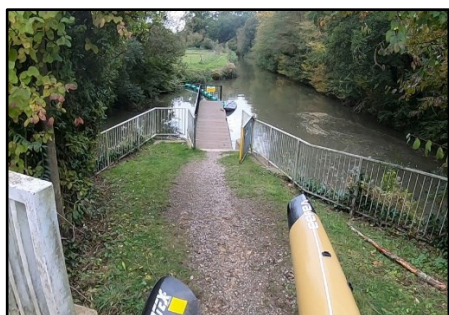
PORTAGES: for larger images see www.StortfordCanoe.org.uk/hasler-2024.html

Twyford Lock

Divisions 1-9 portage. You may portage on left before the weir, or on the wooden jetty (on right), or to the left of the mouth of the lock. Use extreme caution when crossing the road.



The only access to the downstream side is via a well-built landing stage – caution: can be very slippery.



Spellbrook Lock

Divisions 7-9 turn here. Divisions 1-6 portage on the left (on the outward journey). Take care crossing the road.



Tednambury Lock

Divisions 1-6 portage on the left (on outward journey). There is no road access to this lock, and no marshal present.

