



# BISHOPS STORTFORD

## HASLER MARATHON 2023

### Sunday 9<sup>th</sup> July

#### BRITISH CANOEING DIVISIONAL & EASTERN REGION HASLER QUALIFIER RACE

- VENUE** Bishops Stortford CC, Southmill Lock, Bishops Stortford
- DIRECTIONS** Access to the club is from the A1060, via a small private track (Styleman's Lane). For navigational purposes use postcode CM22 7QJ.  
See [www.StortfordCanoe.org.uk/find-us.html](http://www.StortfordCanoe.org.uk/find-us.html)  
Please respect the 5mph speed limit in the lane and on the field.
- CAR PARK** We have arranged parking on a neighbouring field, subject to weather conditions. Hard standing will be reserved for trailers and those with accessibility issues.
- CLASSES** Singles: divisions 1, 2, 3, 4, 5, 6, 7, 8, 9  
Doubles: divisions 2, 3, 4, 5, 6, 7, 8, 9  
Geoff Sanders: A, B and C singles races only
- TIMETABLE**
- |  |            |
|--|------------|
| Check-in   | 9:00-10:00 |
| (up to 11:30 for pre-entered paddlers Divs 1,2,3,7,8,9 only) |            |
| Briefing Divs 4,5,6 & Geoff Sanders                          | 10:15      |
| Race starts Divs 4,5,6                                       | 10:45      |
| Race starts Geoff Sanders A,B,C                              | 11:00      |
| Briefing Divs 1,2,3,7,8,9                                    | 12:00      |
| Race starts Divs 1,2,3,7,8,9                                 | 12:30      |
| Prizegiving  | 15:00      |
- FEES** Hasler divisions: Seniors £12, Juniors £10. Geoff Sanders races: £3  
Late entry surcharge of £5 on all entries.
- ENTRIES** Please use the British Canoeing Race Entry website for entries  
<https://entries.gbcanoemarathon.co.uk/entries>  
All entries must be accompanied by electronic payment using the reference number given by the system (see details on the Race Entry webpage)  
Entries through this system will close **23:59 on Friday 7th July 2023**  
Entries will be accepted on the day, paid as cash, but these and any entries made previously but for which payment has not been received by 7<sup>th</sup> July, will be subject to a £5 late entry fee per seat (all classes)  
Under 18s must be booked in by an adult (e.g. parent or appointed Team Leader) who is able to take responsibility for their participation, and will accompany them to the event.
- ORGANISER** Joe Fitzpatrick (07825 371434) [hasler@StortfordCanoe.org.uk](mailto:hasler@StortfordCanoe.org.uk)

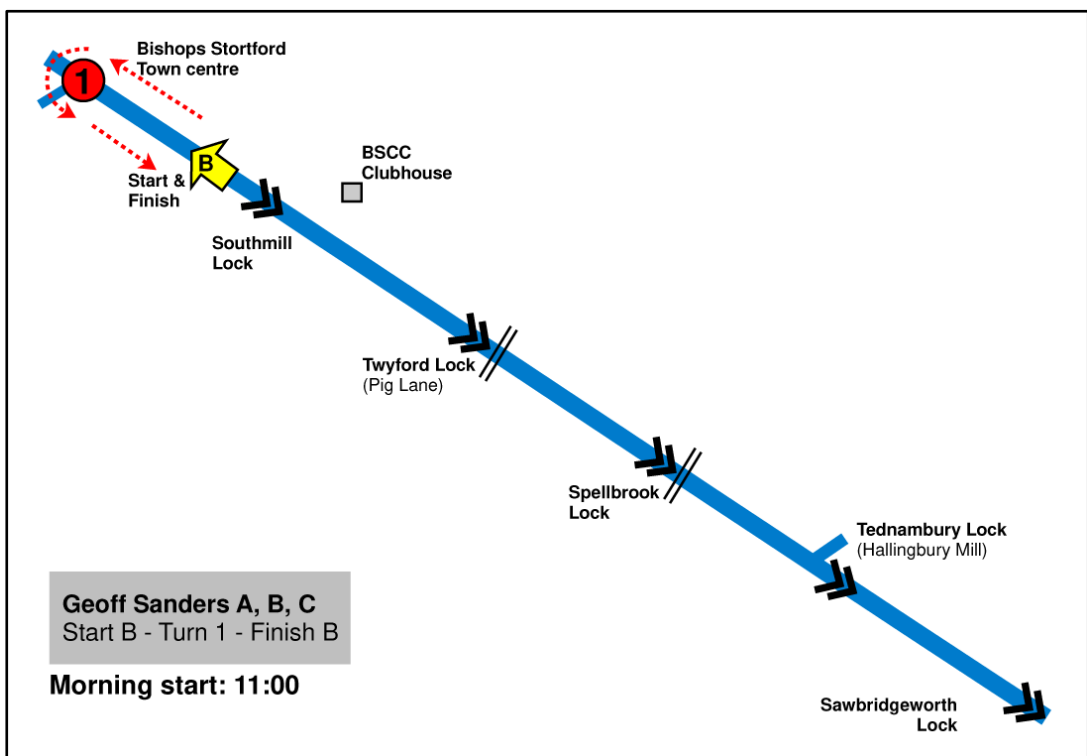
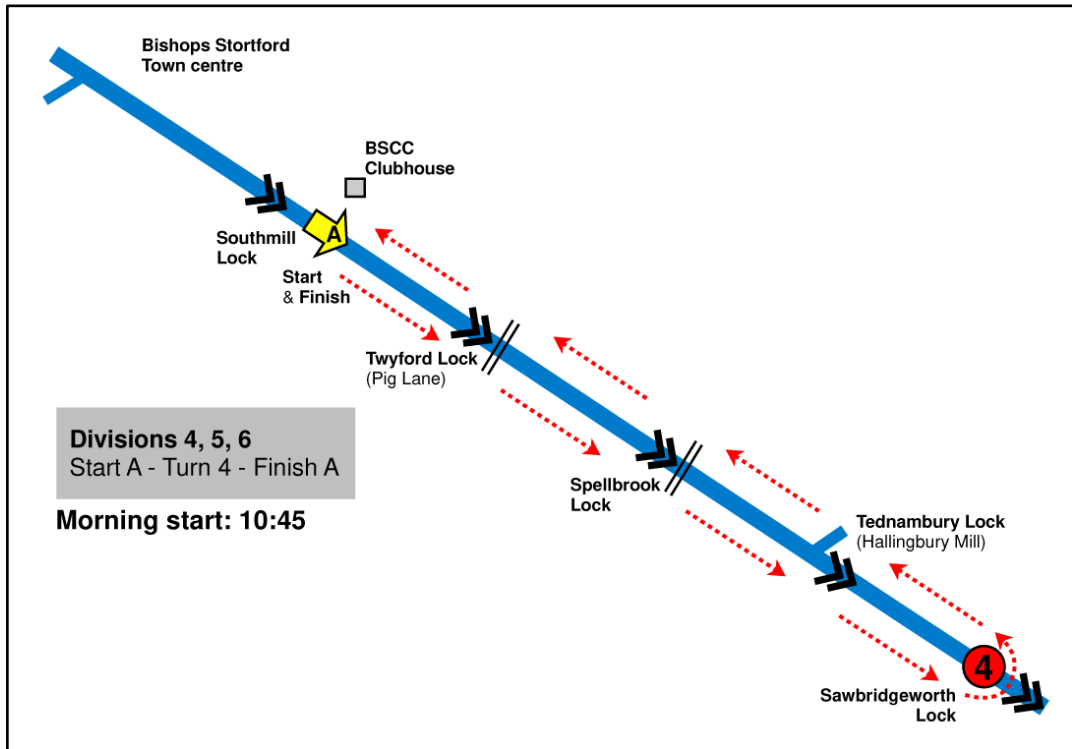
BC MEMBERSHIP	British Canoeing On-Water membership or Club Associate membership (below Div 6 only) is required. Otherwise, an Event Ticket can be purchased for £5. Event tickets can only be used for Div 1-6 where the competitor has not raced in the last 5 years. Event tickets do not confer a boat licence – all boats must be licensed.
RULES	The race will be run under the current BC Marathon Racing Committee rules
NUMBERS	The regional pre-printed number boards will be used. (£5 fee for losses/breakages).
SAFETY	<p>All participants must be capable of swimming 50m in racing clothing. Footwear should be worn by all participants, and clothing appropriate for the weather conditions on the day.</p> <p>All paddlers other than those ranked in divisions 1-6 must wear buoyancy aids (as described in MRC rules), and all paddlers under age 16 in higher divisions are strongly advised to do so. Any paddler who has a medical condition or other pre-disposition that could compromise their safety on the water is required by BSCC to inform the Event Safety Officer, and to wear a buoyancy aid at all times whilst on the water or any other safety precautions required by the ESO; it is the responsibility of the paddler (or adult responsible for them) to ensure that they do. Competitors are advised not to enter any of the locks in order to portage. Please note that two of the locks to be portaged (Twyford and Spellbrook) include road crossings. Marshals will be present.</p> <p><b><i>Canoeing and kayaking is by its nature an unpredictable sport and therefore inherently involves an element of risk.</i></b></p>
PORTAGES	Paddlers who require assistance should notify us when their entry is placed.
SAFETY	Ken Duncan
FIRST AID	The first aid point will be in the main clubroom. An AED (defibrillator) is also located in the foyer of the clubhouse.
EVENT WELFARE	Kayleigh Gaulton (07717 177878)
PHOTOS	BSCC will use photographs taken at the event to promote the club and the sport on the grounds of our legitimate interest in doing so. This will be done in accordance with the current BC guidelines.
FACILITIES	<p>Changing rooms &amp; showers available in the clubhouse.</p> <p>Gents toilets in Portaloos, and Ladies toilets in the clubhouse.</p> <p>There is an Accessibility toilet located in the clubhouse.</p>
BOATS	Boats can be put near the river on the edge of the parking field or as instructed by marshals: no boats are to be put on the grass in front of the clubhouse or on the towpath.
REFRESHMENTS	Competitors' food will be provided after the race. There will be a BBQ, cakes and other refreshments for sale. Cash sales only.
PRIZES	There will be trophies/medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> boat in each race, & 1 <sup>st</sup> Girl in Geoff Sanders A/B/C
PRIVACY	Information will be shared with the BC Marathon Racing Committee.
RESULTS	Provisional results will be displayed on the day. Final results will be published at <a href="https://entries.gbcanoeamarathon.co.uk/results/races">https://entries.gbcanoeamarathon.co.uk/results/races</a> .

*BSCC reserves the right to alter any of these arrangements without prior notice should the weather, river or other circumstances warrant it.*

COURSES	Division 1, 2, 3 singles and 2, 3 doubles	19 km	8 portages
	Division 4, 5, 6 singles and 4, 5, 6 doubles	11.5 km	6 portages
	Division 7, 8, 9 singles and 7, 8, 9 doubles	6.5 km	2 portages
	Geoff Sanders A, B, C	2.5 km	0 portages

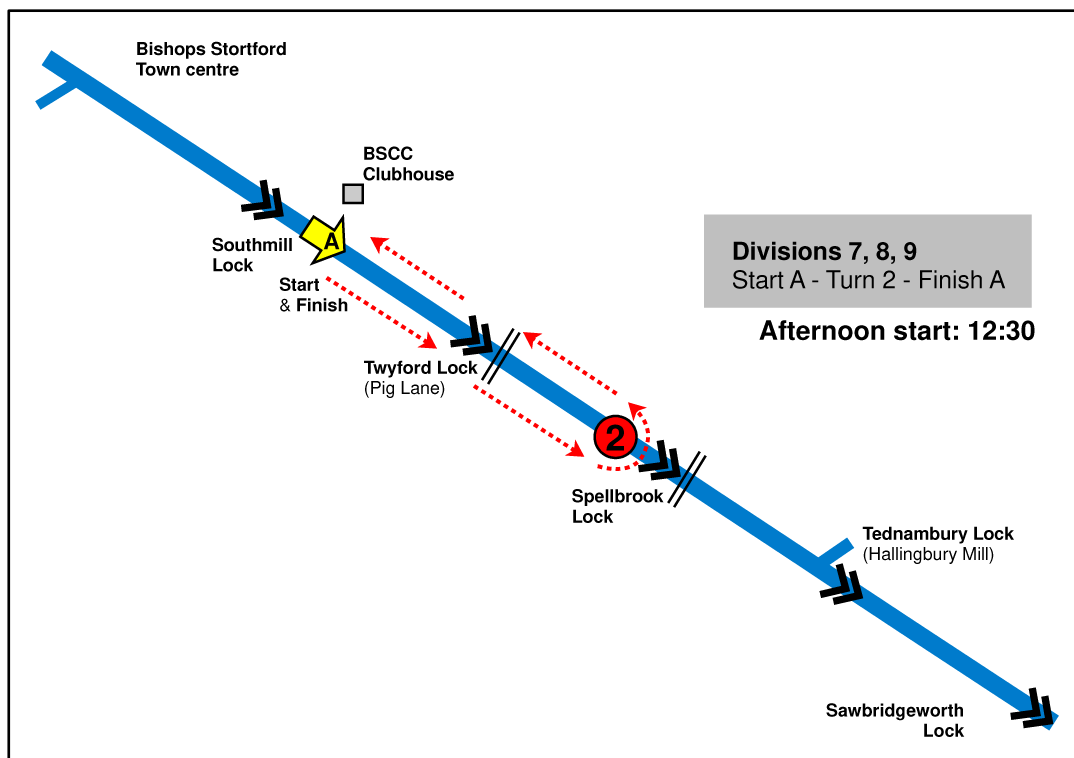
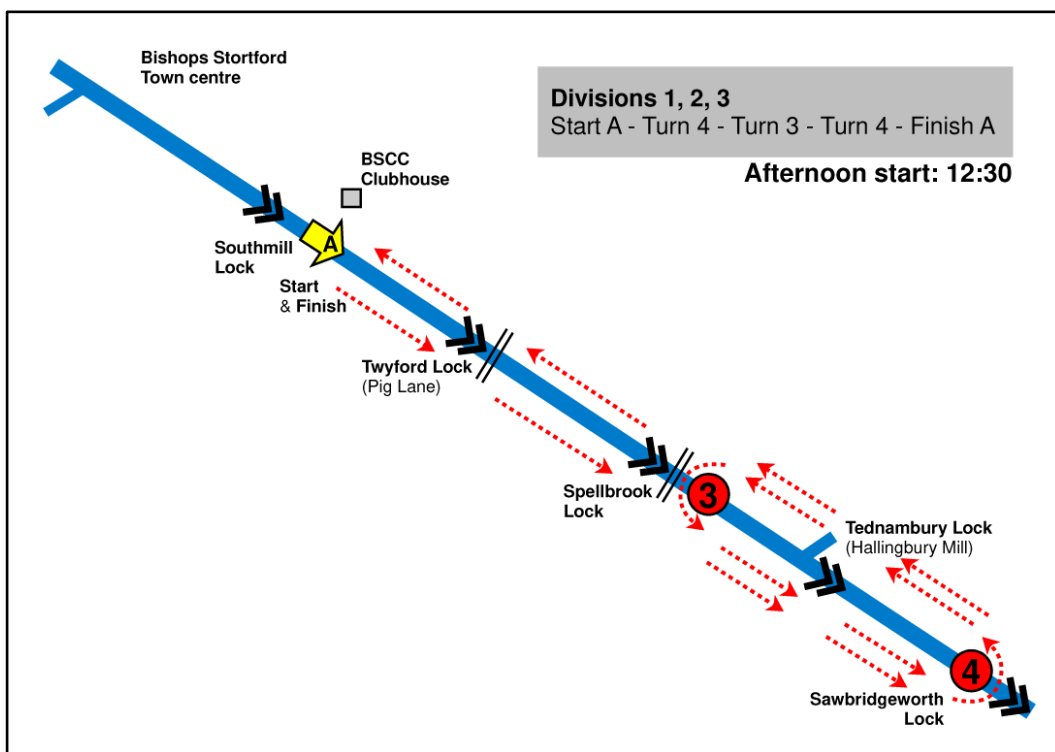
**Morning races:**

- **Div 4-6** Start A outside clubhouse, head downstream, portage three locks and turn at Sawbridgeworth (Turn 4), returning over three locks to finish at A
- **Geoff Sanders A,B, C** Start above the lock (Start B) and head upstream to the Town Centre (Turn 1) and back



**Afternoon races:**

- **Div 1-3** Start at A, portage three locks; turn at Sawbridgeworth Lock (Turn 4); upstream over one lock (Tednambury) to turn at Spellbrook Lock (Turn 3); downstream over one lock (Tednambury) to turn at Sawbridgeworth Lock (Turn 4); returning over three Locks to finish at the clubhouse (A).
- **Div 7-9** From Start A, portage one lock (Twyford); turn at Spellbrook Lock (Turn 2); return upstream portaging once more to finish at the clubhouse (A).



SPECTATING

Good access along the towpath from the club for spectators on foot or bike.

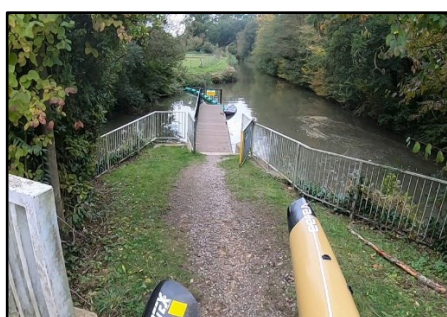
PORTAGES: for larger images see [www.StortfordCanoe.org.uk/hasler-2023.html](http://www.StortfordCanoe.org.uk/hasler-2023.html)

### **Twyford Lock**

Divisions 1-9 portage. You may portage on left before the weir, or on the wooden jetty (on right), or to the left of the mouth of the lock. Use extreme caution when crossing the road.



The only access to the downstream side is via a well-built landing stage.



### **Spellbrook Lock**

Divisions 7-9 turn here. Divisions 1-6 portage on the left (on the outward journey). Take care crossing the road.



### **Tednambury Lock**

Divisions 1-6 portage on the left (on outward journey). There is no road access to this lock, and no marshal present.

