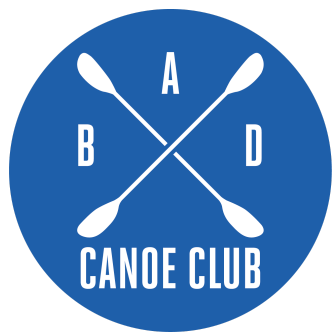




BARKING AND DAGENHAM

WINTER SERIES MARATHON

Sunday 23rd November 2025

Venue

Barking & Dagenham Canoe Club, River Roding

Address: 1 Bob Porter House, Dock Road, Abbey Road, Barking, IG11 7GQ

Directions: For navigation to the club, use the above postcode and what3words [///brass.boat.helps](#)

Parking: Limited spaces at The Granary, 80 Abbey Rd, Barking IG11 8BT.

what3words [///ankle.gallons.space](#)

Schedule

- **Check-in:** 10:00 - 11:00
 - **Briefing:** 10:45
 - **Race Start:** 12:00
 - **Prizegiving:** 15:15
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Entries

- Register online via [Canoe Marathon Entry](#).
 - Online entries close on **19th November 2025, 23:59**.
 - Day entries are accepted with proof of membership.
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Fees

- **Seniors:** £10
 - **Juniors:** £5 (under 18 on 1 Jan 2024)
 - Payment via cash or cheque on the day.
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Number Boards

Pre-printed number boards will be issued for K1/K2 classes (£5 fee for if not returned - under some circumstances, a deposit may be required), and sticky number for C1/C2s and GPs. Please ask if you prefer a board for a C1/C2 or a sticky number for a K1/K2 with no board holder.

Photos:

The host club and the FRA will use photographs taken at the event to promote the club and the sport on the grounds of legitimate interest. This will be done in accordance with current Paddle UK guidelines.

Membership Requirements

- **Paddle England Membership** is required.
 - Single Event Membership is available for £5 (online only).
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Race Details

- **Courses:**
 - Long Course (10km) 5 Laps (no portages)
 - Middle Course (8km) 4 Laps (no portages)
 - Short Course (4km) 2 Laps (no portages)
 - **Classes:**
 - K1, K2, C1, C2, and GP classes available.
 - Race numbers will be provided. £5 fee for loss/damage.
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Safety Rules

- All participants must wear buoyancy aids.
 - Suitable clothing and footwear are required.
 - First aid is available on-site.
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Facilities

- Changing rooms and showers are in the clubhouse.
 - Competitor's food will be provided after the race.
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Spectators

- Viewing along the towpath.
 - Bicycle access is allowed for spectators.
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Contact Information

- **Event Organiser and Safety Officer:** Scott

- **Race Control:** David Hallam
 - **First Aid and Welfare:** Julian
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Results: These will be available on [Flatwater Racing Association](#) after the event.