

Macclesfield Adelphi Hasler race briefing information

Sunday 2nd October 2022.

Welcome to Macclesfield and District Canoe Club (MADCC). Thank you for supporting today's event.

COVID-19

Please DO NOT attend if you, your household, or any contacts have symptoms of Covid-19, have been asked to isolate or have tested positive within the last 5 days.

SITE INFORMATION

- The race check-in area will be at the south end of the Adelphi Mill, Bollington from 0930 on the day of the race.
- Race check in (0930-1030) is for TEAM LEADERS ONLY and will be at the table erected under the metal canopy at the south end of the mill building.
- There will be one Porta-Loo toilet in the car park near the check-in area.
- There are no changing or showering facilities. Participants are requested to change next to or in their vehicles.
- Car Parking – Car parking is available next to the check in area within the Adelphi Mill land. Please park considerately and obey all Adelphi Mill management parking sign instructions.
- A bottle of water and a snack bar are available for each participant after the race next to the check-in area. No other food or drinks will be available.
- Hot drinks, food, and toilets are available at the café at Clarence Mill which is 10 minutes walk away North (turn left through the gate) along the canal tow path

RACE INFORMATION

- This race is run under British Canoeing Marathon Racing Rules.
- Competitors ranked in divisions 7/8/9 and U14s MUST wear a buoyancy aid.
- Your boat must be fitted with enough buoyancy to keep it afloat after a capsized. Airbags must be fitted to Lightnings.
- Your race number must be clearly displayed on your boat on a white board.
- Club vests must be worn to be eligible for Hasler points.
- **Stay Right**, especially when canal traffic or other competitors are travelling towards you.
- Overtake on the left of other competitors or traffic. Keep your distance from fishing persons.
- Please follow all instructions given by Marshals on the course.
- If you see someone in need of help, please assist unless they actively decline your offer. Where appropriate inform a marshal. There will be time allowances if you do stop to help.
- If you retire from your race, you must inform the marshals at the finish line.

ENTRY TO THE CANAL

Please only get on the canal 20 minute before your start times. The canal entry point will be from the towpath via a single person gate in the towpath wall near the Check in desk.

Warmups should be conducted to the north of (left/beyond) the Bollington Narrow Boat Marina opposite the mill. (As per attached map).

The pre-start marshal will call you forward to the start holding area in race order before your start.

HAZARDS

- Any emergent hazards will be publicised at race check in and at the briefing.
- As a narrow-gauge canal there are several pinch points at bridges along the courses. There are a total of 17 bridges along the 12-mile course. One of these (bridge 47) is a low swing bridge that the Div 1,2,3 paddlers should consider portaging. There are no mandatory portages for any races, but you are likely to get delayed at bridges and may wish to portage. This is all part of racing on a narrow-gauge canal.
- For further course marker details see the 'MADCC Hasler course map document attached.
- Be aware of and courteous to other canal users – Narrow boats, anglers, and tow path users.
- Please respect all other water users, particularly barge owners.
- **Avoid ever getting into an argument; stay happy, say sorry, say thank you and keep smiling even if it's not your fault!**
- It is recommended that all competitors should wear suitable footwear, some areas are stony, and others may have thorny plants.
- If you capsize the canal is about waist to shoulder height in most places but a layer of mud covers the bottom so swim/stand up making your way towards the towpath bank side. Remember to wash your hands and face with fresh water afterwards/at the end of your race.
- Apply sun cream, be suitably dressed to race and keep hydrated throughout the day.
- First aid provision is available at race check in, with assistance available from all marshals.
- There is a risk of catching Weil's disease from the canal water so it is important to wash hands before eating or drinking, particularly after your race. You should also cover any cuts. Avoid ingesting any canal water.

COURSE

As per map attached.

- Div 1-3 (12 miles) – start, pass through 17 bridges inc. recommended portage at low swing bridge (no. 47), anti-clockwise turn immediately after the marshal located just north of the Fools Nook barge mooring point at bridge 49. Finish at Adelphi Mill.
- Div 4-6 (8 miles) – start, pass through 12 bridges, anti-clockwise turn immediately after the marshal located by the Sutton Hall sign opposite the towpath before bridge 44. Finish at Adelphi Mill.
- Div 7-9 (4 miles) – start, pass through 4 bridges, anti-clockwise turn immediately after the marshal located before bridge 35. Finish at Adelphi Mill.
- Geoff Sanders (U14s –Divs A, B, C,) (2 miles) – start, pass through 2 bridges, anti-clockwise turn before first narrows point after bridge 30 immediately after turn marshal – finish at Adelphi Mill. A roving marshal will follow the Geoff Saunders paddlers.

STARTING ORDER

At one-minute intervals continuously from 1100, as per British Canoeing Marathon rules order (highest divisions first).

Exact start list and race numbers will be determined on the day based on entries received. Split starts are possible for some divisions and others may be amalgamated.

RESULTS AND PRIZES

Prize giving will follow ASAP after the last finisher and all results are agreed. This will take place in the car park area near check in. Paper copies of results will not be available on race day: All results will be published online after the race at:

<https://entries.gbcanoemarathon.co.uk/results>

Have a safe journey to and from the event and please take any rubbish home with you. Enquiries to Adrian Fisher/Andrew Millest – email: haslerrace@macclesfieldcanoe.club