



Final Race Briefing

Key Event Staff - all can be accessed via Race Control

Event Lead	Holly Mobbs
Event Safety Officer	Dave Smith
Chief First Aider	Imogen Collins
Chief Umpire	Brian Chapman
Race Control Lead & Volunteer Coordinator	Stan Missen
Welfare Officer	Holly Mobbs

Race Day Schedule

Please do not arrive on site before 07:50 as it will be closed.

07:50	Car Park and Site Open
08:10	Check in open for Team Leaders only in race control
08:15	Boat Control opens for all in boat storage
09:10	Lake open for warm-up
09:30	First start
17:50	Prize Giving (approximately)
18:45	Site closes



Site Specific Briefing

We are blessed with a lovely venue to be running Short Course Nationals within for a fourth year in a row. ***Please ensure it is treated with respect.***

If you are wishing to watch the racing from the cafe outside tables, you must be consuming cafe food and not your own.

When not using your boat for racing, please store it either within the **boat storage** compound by boat control OR your **own car roof rack**. Do not leave around the site elsewhere as they will be moved.

Do not attempt to access any out of bounds areas including roped off pontoons. Only Team Leaders, Officials and first aid incidents are allowed access to race control. You must go through a marshal in the portage lane to gain access.

All clubs must have a Team Leader to collect number boards from check in, ensure their contact details at race control are correct and be contactable throughout the day for penalties and protest liaison. **Number boards cannot be collected by anyone else.**



Site Map



To access accessible parking, please speak to the parking marshall at the gate to the main car park and they will direct you down.

Traders will be directed down to meet race lead to access set-up upon arrival.



Racing Schedule

Time	Start 1	Start 2
09:30	Veteran Men K1 Heat 1	Veteran Men K1 Heat 2
10:00	Junior Women K1 Heat 1	Junior Women K1 Heat 2
10:30	Junior Men K1 Heat 1	Junior Men K1 Heat 2
11:00	Junior Men K1 Heat 3	
11:30	Senior Women K1 Heat 1	Senior Women K1 Heat 2
12:00	Senior Men K1 Heat 1	Senior Men K1 Heat 2
12:30	LUNCH	LUNCH
13:00	LUNCH	LUNCH
13:30	Canoe Final A	Para Final A
14:00	Veteran Women K1 Final A	
14:30	Veteran Men K1 Final A	Veteran Men K1 Final B
15:00	Junior Women K1 Final A	Junior Women K1 Final B
15:30	Junior Men K1 Final A	Junior Men K1 Final B
16:00	Junior Men K1 Final C	
16:30	Senior Women K1 Final A	Senior Women K1 Final B
17:00	Senior Men K1 Final A	Senior Men K1 Final B

Heat draws can be found [here](#).



Live results will be published [here](#) throughout the day, including final draws after heats are completed.

Race Specific Briefing

You must go through boat control before getting on the water. All boats must present **suitable buoyancy** to keep it afloat in the case of capsizes. Boat control have the right to turn boats away if they do not believe the buoyancy is suitable.

Any paddlers ranked within division 7-9 must wear a **buoyancy aid** while on the water. Race organisers reserve the right to make buoyancy aids compulsory to all so please ensure you have one with you.

When warming up, you must not go into the buoyed off area around the corner from the start. This is a conservation area and is protected for wildlife.

Starts within race blocks will be separated by 2 minutes. **You must not go past the pre-starter** on the water until instructed by the pre-starter to do so. Any infringements could be penalised.

Starts will be **standing and on starters orders**. Any infringements could be penalised.

Paddlers who fail to finish a heat must contact race control via Team Leader within 30 minutes of the race finishing if they wish to race a final regardless.

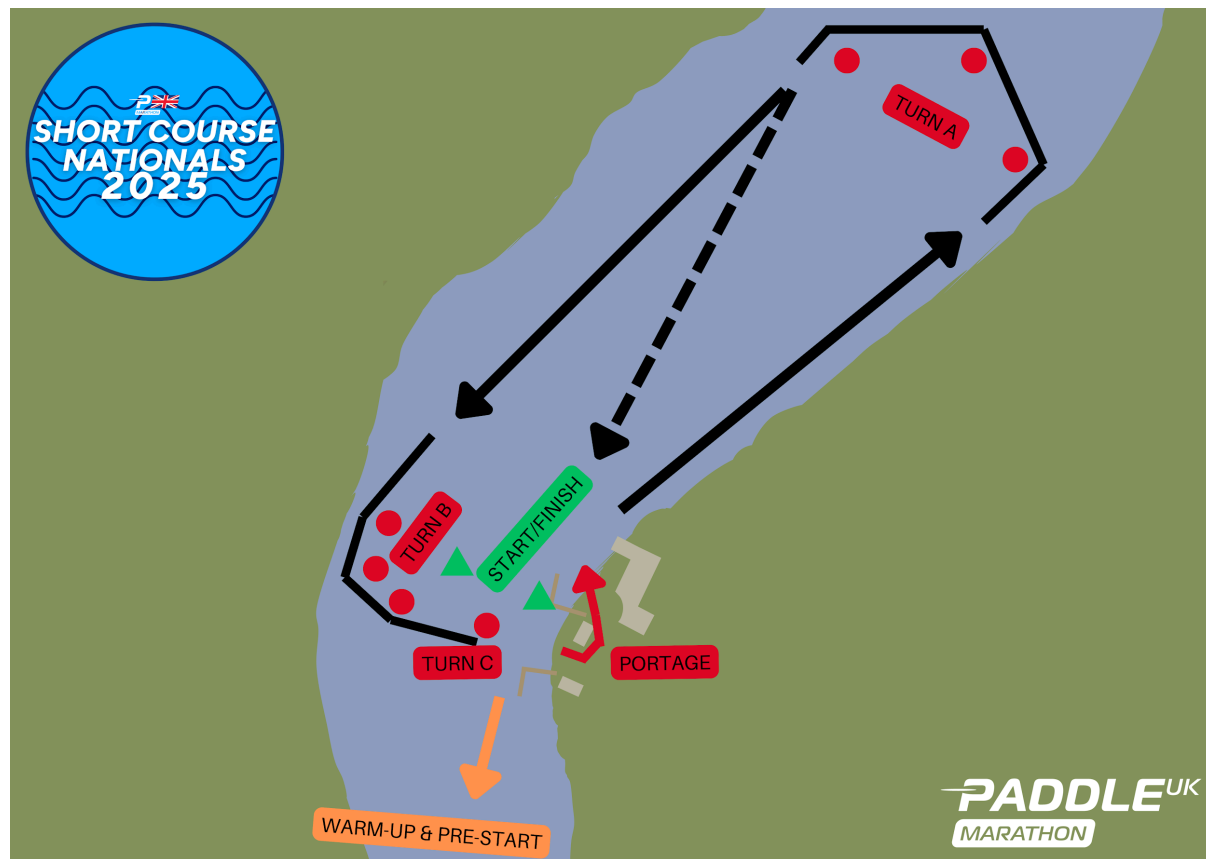
First three boats in each heat will qualify into final A, followed by the next best times to make up the rest of the field in final A. Number of boats within final A will depend on the size of the field and will be approximately the same size as the heats (total number of entries/number of heats). Final draws will be published as soon as possible after the final heat. This will be broadcasted to team leaders as well as on the live results page on the MRC website.

Marathon racing is a **non-contact sport** and all participants are expected to race respectable and fair. Any incidents viewed as excessive aggression will be penalised as stated within the [Marathon Racing Rules](#). If you receive a penalty that you would like to protest, please speak to your club team leader in order to submit a protest to the Chief Umpire via race control within 30 minutes of the penalty being communicated to you.

Club Points will be awarded for each paddler with a finish in a Final. A paddler will be awarded points in the sub category they score highest points. With 50 points for 1st, 49 for 2nd, and so on. You must wear club vests to score points.



Race Course Map



Start - Turn A - Turn B - Portage - Turn A - Turn B - Portage - Turn A - Finish

Para paddlers and veteran paddlers with portage exemption must turn around the Turn C and wait for the paddlers that they were with to exit the portage before continuing paddling (only applicable to portage exemption). This will be monitored by marshalls and time penalties will be awarded to any boats not following this procedure. All boats with a portage exemption will be provided a yellow number board to signify this to the marshall team.

To request a portage exemption, please contact mobbsholly@yahoo.co.uk via email. Para athletes do not need to do so.