

#### Richmond Hasler

#### Course Divisions 7-9 6.5km



head downstream and turn at buoy B, after Glover's island and the line of boats.

Head upstream past buoy A, taking the left channel at Eel Pie island. Keep river right in this channel to buoy C. Going upstream, turn at Teddington Lock buoy D.

Head downstream, keeping river right past buoy C, taking the channel to the finish at Ham Carpark.

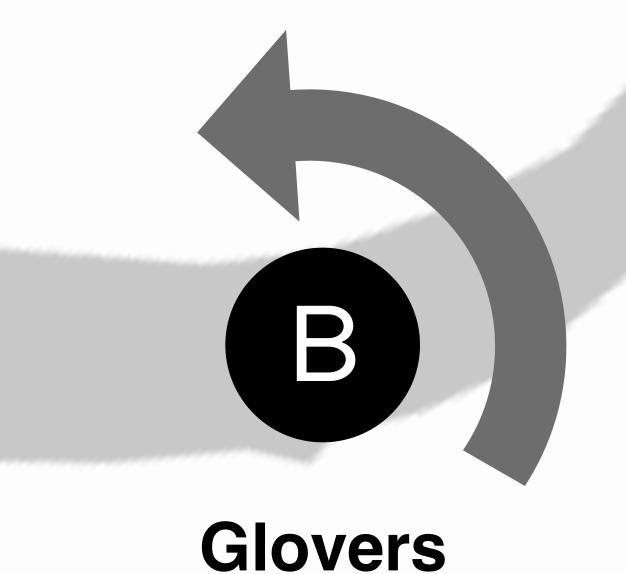
Ham Carpark

**Teddington Lock** 

Keep river right and right of all marked race buoys. All turns are anti-clockwise. Only cross the river at a turn and if it is safe to do so.

Port of London Authority PLA and Richmond Canoe Club safety boats will be on the water. Follow their guidance when requested.

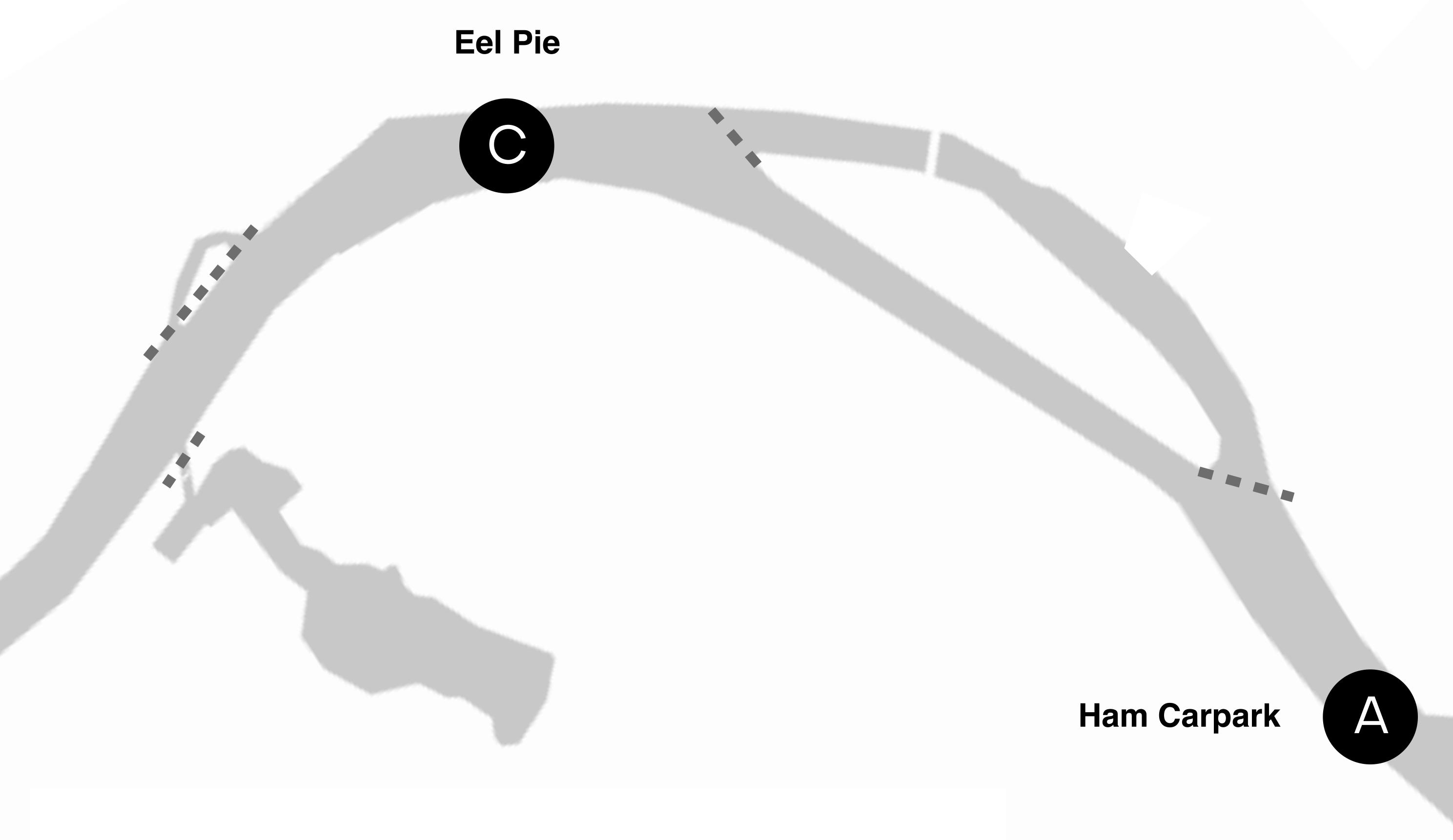
The Thames can be busy in the summer with both personal craft, rowers and cruisers. When passing slower river users such as SUP boarders, make your presence known and keep your distance.



### Richmond Hasler

**Teddington Lock** 

#### Course Divisions 4-6 13km



Keep river right and right of all marked race buoys. All turns are anti-clockwise. Only cross the river at a turn and if it is safe to do so.

Port of London Authority PLA and Richmond Canoe Club safety boats will be on the water. Follow their guidance when requested.

The Thames can be busy in the summer with both personal craft, rowers and cruisers. When passing slower river users such as SUP boarders, make your presence known and keep your distance.

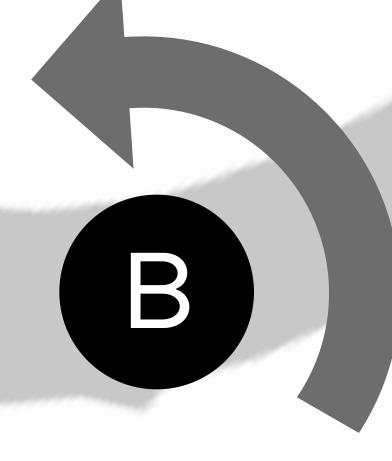


Starting downstream at Ham Carpark buoy A, head downstream and turn at buoy B, after Glover's island and the line of boats.

Head upstream past buoy A, taking the left channel at Eel Pie island. Keep river right in this channel to buoy C. Going upstream, turn at Teddington Lock buoy D.

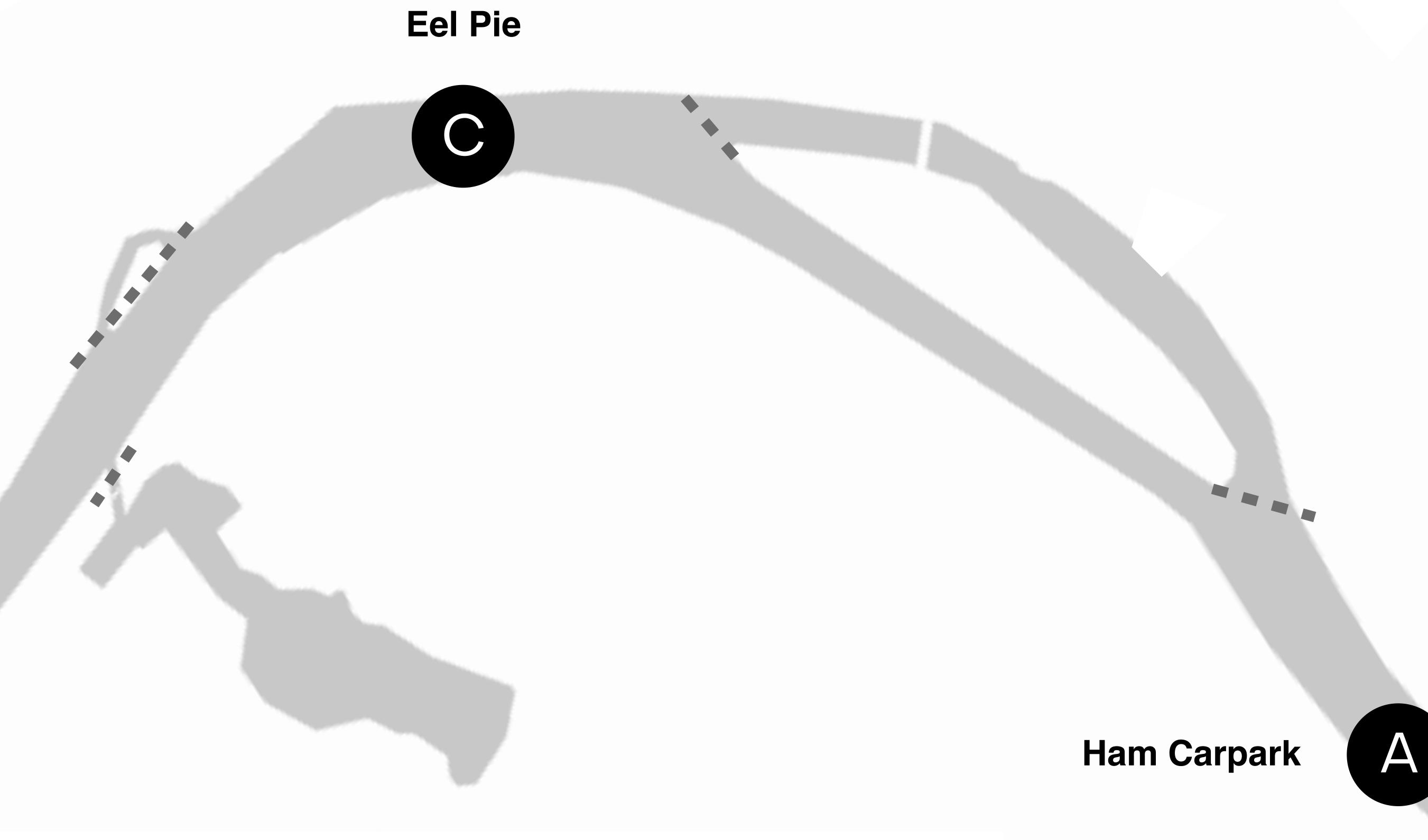
Head downstream, keeping river right past buoy C, taking the channel past buoy A.

Repeat lap once more. Finish at Ham Carpark on the second lap heading downstream.



Glovers

## Richmond Hasler Course Divisions 1-3 19.5km





Starting downstream at Ham Carpark buoy A, head downstream and turn at buoy B, after Glover's island and the line of boats.

Head upstream past buoy A, taking the left channel at Eel Pie island. Keep river right in this channel to buoy C. Going upstream, turn at Teddington Lock buoy D.

Head downstream, keeping river right past buoy C, taking the channel past buoy A.

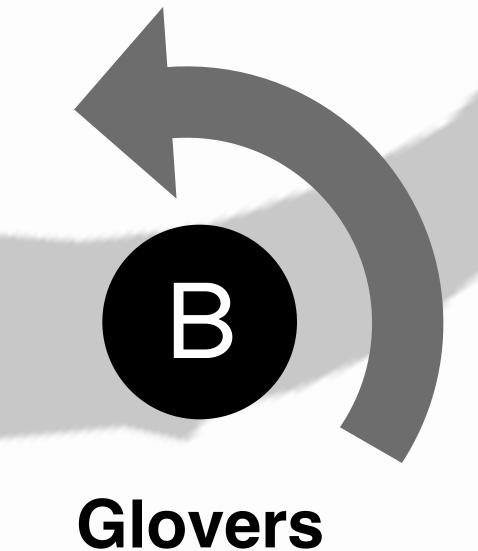
Repeat lap two more times. Finish at Ham Carpark on the third lap heading downstream.



Keep river right and right of all marked race buoys. All turns are anti-clockwise. Only cross the river at a turn and if it is safe to do so.

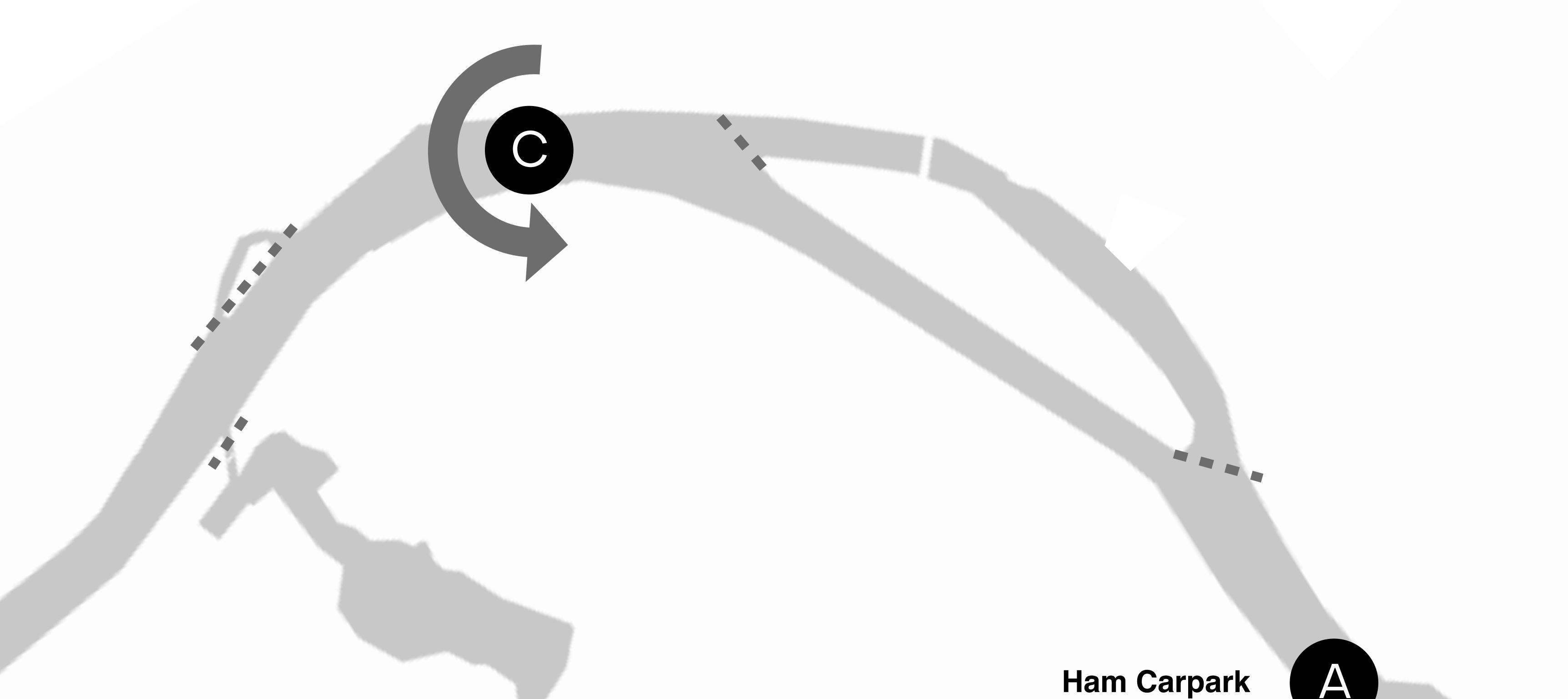
Port of London Authority PLA and Richmond Canoe Club safety boats will be on the water. Follow their guidance when requested.

The Thames can be busy in the summer with both personal craft, rowers and cruisers. When passing slower river users such as SUP boarders, make your presence known and keep your distance.



# Richmond Hasler 2023 GS Mini K1/K2s





Starting downstream at Ham Carpark buoy A, head downstream and turn at buoy B, after the line of boats.

Head upstream past buoy A, taking the left channel at Eel Pie island, keep river right in this channel to the turn at buoy C.

Head downstream, keeping river right to the finish at Ham Carpark.

