

HASLER

SUNDAY 6TH OCTOBER

Ham Riverside, Ham Street, Richmond upon Thames, TW10 7RS

Entries at www.haslerfinal.com

RICHMOND CANOE CLUB

PADDLE

LONDON BOROUGH OF RICHMOND UPON THAMES



Race enquires marathon@richmondcanoe.club

CHROMATIC®

Hasler Final 2024 Race Information

This event will be run under the Marathon Racing Rules, per the 2024 Racing Handbook. A copy of this programme and further updates can be found on the event website: <u>https://www.haslerfinal.com</u>.

Date	Sunday 6 th October 2024			
Entries Open	Wednesday 28th August at https://entries.canoemarathon.org.uk/entries			
Venue	Ham Riverside, Ham Street, Richmond upon Thames, TW10 7RS			
Courses	Div 1,2,3 Div 4,5,6 Div 7,8,9 Geoff Sanders	K1, K2 K1, K2 K1, K2 s A, B, C & Mini K2	approx 19.5 km approx 13 km approx 6.5 km approx 3.5 km	0 portages 0 portages 0 portages 0 portages
Timings	Saturday 18:00-20:00 Check-in open for Team Leaders at Richmond Canoe Club (81 -8 Petersham Road, Richmond, TW10 6UT)			ond Canoe Club (81 -83
	07:30 Check 09:45 Briefin 10:30 Divisio 12:45 Briefin 13:30 Divisio	on 1-6 and Geoff Sando g for Division 7-9 and	Geoff Sanders Mini K2 ers Mini K2 starts at aj	oprox. 2 min intervals
Fees	Senior Divisio Junior Divisio Geoff Sanders		£20 per seat £20 per seat £10 per seat	
Results	Live results w	ill be available at the r	ace site on the day.	
	<u>https://www.h</u> will be publish	aslerfinal.com on the	Canoe Club website an	al website at sible format. Final results d the Marathon Canoeing
Getting There		ndabout, follow signs	ontinue West onto Noi for South Circular Roa	th Circular Road. At d, followed by local signs
	From the Wes	t leave M4 at J2 or us	e M3/A316, following	signs for Richmond.
	Kingston. Afte	· •	through the town cent ersham village, follow CANOE RACE.	
	following dire	ctions to Richmond. A	. Then, proceed throug fter passing past Ham < or white signs for CA	Common, follow brown

For Satnav, use postcode **TW10 7RS**. This will take you to the Ham House stables; carry straight on to the race parking.

ParkingAmple parking will be available on the Ham Riverside Pitches, adjacent to the Ham
Street Car Park. Access is controlled by bollards, which will be locked at 17:00, so all
cars must have vacated the area by this time. Please do not park in the main
riverside car park, as this is reserved for visitors to Ham House. The cost of parking
will be £5 per vehicle.

There is no allocated parking for anyone at Richmond Canoe Club car park.

Site Facilities Event-quality portable toilets, including disabled facilities, will be available on-site, but there will be no showers. Competitors may use the facilities at the clubhouse, which is a 15-minute walk from the race site.

Site map



Environmental & Sustainability Guidelines	 At Richmond Canoe Club, we are committed to hosting a sustainable and environmentally responsible event. The River Thames is a precious natural resource, and our collective responsibility is to protect it. To help us achieve this, we kindly ask all participants and attendees to consider the following actions: Carpooling and Boat Transport: To reduce the number of vehicles travelling to our event, we encourage participants to carpool and share v-bars for transporting boats. We have arranged convenient trailer parking close to the boat check area for clubs bringing larger numbers of boats. Reusable Water Bottles and Cups: We strongly encourage everyone attending the Hasler Final to bring reusable water bottles and cups. Water will be available on-site to minimise single-use plastic waste. Recycling: Please make use of the recycling bins provided throughout the venue. We ask that you separate and recycle as much of your waste as possible to reduce the event's environmental impact. Biosecurity Measures: Protecting the River Thames from invasive non-native species is crucial. A Biosecurity Risk Assessment is available here. Please ensure that all participants read this document before attending. We also urge everyone to Clean, Check, and Dry all boats and equipment thoroughly to prevent the spread of harmful species between waterways.
Food and Drink	A selection of food, including pizza, burgers, cake, snacks and hot and cold drinks, will be available for purchase throughout the day from 8.00 am. Please bring a water bottle and a cup with you.
	Competitors' food will be available from the catering area after the race on the production of a valid number board.
Littering	Disposable drinks, bags, or any other items in a personal kit must not be discarded anywhere on the course or the race site. The penalty for non-compliance with this rule, whether by the competitor or their support crew, is an immediate disqualification.
Entries	Entries must be submitted on the entries website by 27th September at 10 pm at <u>https://entries.canoemarathon.org.uk/entries</u>
	All paddlers must hold a comprehensive current PUK/CSA/WCA/CANI membership or youth membership of an affiliated club. Where the rankings list does not indicate a current valid membership on the day of the race, proof of this membership must be submitted to the RMA along with the entries. RMAs are responsible for checking expired memberships and updating these as required with correct details.
	For enquiries, please contact marathon@richmondcanoe.club.
Regional Entries	Regional Marathon Advisers are responsible for checking the entries supplied by clubs and ensuring the correctness of the three completed races for each paddler per the marathon rules.
	We kindly request that Regional Advisers check that proof of PUK membership has been submitted where required and that the <i>PUK Number</i> and <i>Expiry</i> fields in the entries are updated with the new details supplied by the team leader.

	Regional Advisers must submit all checked entries by 27th September.
Late entries/crew changes	Hasler Divisional races No late entries are possible, but modifications after the deadline above are permitted for scratches and swaps between singles and doubles of previously-entered crew members, e.g. in the event of illness or unavailability of one member of a K2 crew.
	Geoff Sanders Race changes and additional entries are possible up to two hours before the races. Payment for late entries in the Geoff Sanders class is required at the time of entry.
	Late entries and changes must be requested by Team Leaders only via direct email to <u>marathon@richmondcanoe.club</u> or at the team leaders' check-in, but please note -
	The deadlines for all late entries and modifications are:
	 The Friday before the event, if via email (to <u>marathon@richmondcanoe.club</u>) Two hours before the scheduled race start if made at team leaders' check-in on the day before or the day of the race (8:30 am for Divisions 1-6 and mini K2 and 11:30 am for Divisions 7-9 and Geoff Sanders).
Checking In	Checking in must be completed by team leaders only and can be done either on the evening of 5th October from 6-8 pm at Richmond Canoe Club or on the day on-site at the Racing Desk (see site map) from 7.30 am. Check-in for a race will close fifteen minutes before the briefing for the same race takes place.
	If you are checking in on Saturday, note that parking is limited at Richmond Canoe Club but on-street parking is available on nearby Nightingale Lane (near the Petersham Hotel, but please do not park in the hotel or nearby pub car parks) from 6.30 pm.
	When all required items have been provided, team leaders will be supplied with a pack of number boards for their crews, which they are responsible for allocating correctly to their paddlers. Team leaders must notify the check-in desk of any boats that have not been entered and are not starting the race.
	Team leaders are responsible for ensuring the safe return of number boards after racing.
	A charge may be applied for missing number boards not returned after the races.
Number Boards	Official race number boards will be provided to team leaders and must be used.
Boat Buoyancy	Boats must contain sufficient buoyancy to remain afloat and support the crew in rough water in the event of a capsize.
	Sandwich construction boats are not presumed to have sufficient inherent buoyancy and must carry additional foam or other non-porous buoyant material. Closed and watertight compartments built in by the original manufacturer may be accepted at the organisers' discretion, but all boats must have adequate buoyancy at both ends.
	Marshals may inspect boats at any time for adequate buoyancy. The penalty for any non-compliant boat is disqualification of the crew.

Boat Checking and Boat Park	A Boat Check area will b Ham Riverside pitches (s		e lower end of the car pa	rking area on the
	All crews must pass thro before getting on the wa	-	Check with their boat and	race number board
		art in the B sta	ng at least an hour before rts in the afternoon are re	
	and correct craft specific	cations, as def	ted for adequate buoyand ined by Rule 5 of the Mar ere will not be permitted	athon Rules. Any
	• •		s must pass through with oats must then remain u	
	permitted to use the rive	rside area dire esent to direct	designated Boat Park an ctly in front of the get-in t crews to place their boa tions given by them.	and out to leave their
		•	ie before, during or after t e maximum penalty for b	
Briefing	Competitor Briefings will races.	take place 45	minutes before the start	of the relevant
	•	d obstructions	g on the day, where up-to will be made available, in ogramme	
Getting on the Water	off afterwards. The pont	oons will be di	et on the water before th rectly accessible from th ' instructions when gettin	e boat park area.
Start Order			very two minutes from th per the recommendations	
	A Races		B Races	
	Division 1 K2	10:30	Division 7 K2	13:30
	Division 2 K2	10:32	Division 8 K2	13:32
	Division 1 K1	10:34	Division 7 K1	13:34
	Division 3 K2	10:36	Division 9 K2	13:36
	Division 2 K1	10:38	Division 8 K1	13:38
	Division 4 K2 Division 3 K1	10:40 10:42	Division 9 K1 Geoff Sanders A	13:40 13:42
	Division 5 K2	10:42	Geoff Sanders B	13:44
	Division 4 K1	10:46	Geoff Sanders C	13:46
	Division 6 K2	10:48		
	Division 5 K1	10:50		
	Division 6 K1	10:52		
	Geoff Sanders K2	10:54		

Course Starting from Ham, this year's course runs along the picturesque stretch of the River Thames between Ham and Teddington. The route passes through the iconic Richmond Bridge and around Eel Pie Island, known for its rich musical history. With a mix of straight sections and challenging turns, the course will test the skills of all paddlers.

The start and finish line is located at Ham Car Park. There are no portages on any course. Race distances are as follows:

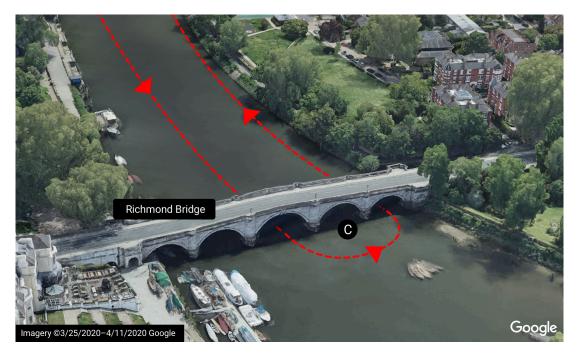
- Divisions 1-3 (K1 and K2): 19.5 km (12 miles) 3 full laps
- Divisions 4-6 (K1 and K2): 13 km (8 miles) 2 full laps
- Divisions 7-9 (K1 and K2): 6.5 km (4 miles) 1 full lap
- Geoff Sanders A, B, C and Mini K2: 3.5 km 1 small lap



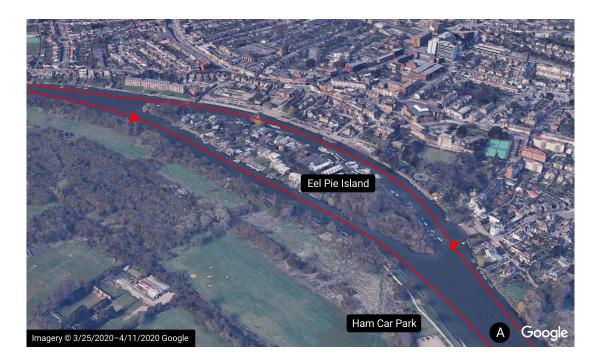
- 1. Start at Ham Car Park, heading downstream.
- 2. Use the full width of the river (unless other races are coming upstream, then leave space on the Twickenham bank side).
- 3. Go on the outside of Glover's Island, staying centre-right of the river.
- 4. Pass a separation buoy A above Richmond Canoe Club (RIC) to avoid cutting the corner.
- 5. Between the separation buoy and Richmond Bridge turn, keep centre-right of the river.

Main Course

Richmond Bridge



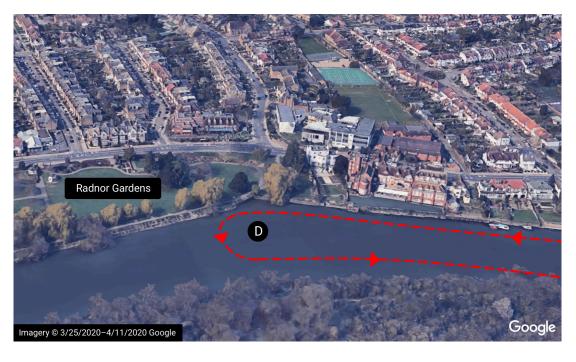
- 6. Turn around Richmond Bridge:
 - Go through the centre arch
 - Turn left and come up through the arch near the Twickenham bank
 - The arch between these two is out of bounds
- 7. Going upstream, stay close to the Twickenham bank.
- 8. At Glover's Island, paddle up the inside (not main channel) side of the island.
- 9. Stay to the right-hand side of the river, but outside the pontoon of moored boats on the Hammertons straight.



10. Keep river right and go around the back of Eel Pie Island.

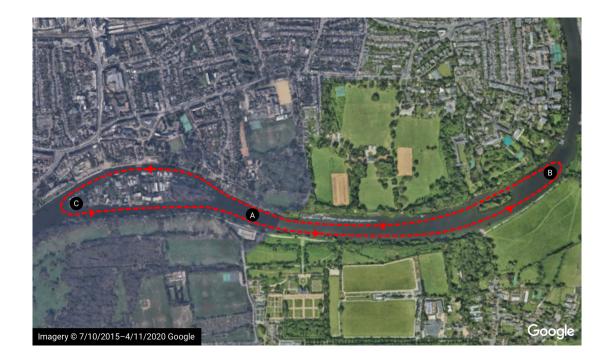
Eel Pie Island

- 11. When going up the right of Eel Pie, stay in the main channel (do not go on the island side of any moored boats). The left-hand side of the channel is the racing line.
- 12. Above Eel Pie Island, keep right and head straight for the turn buoy at Radnor Gardens.



Radnor Gardens

- 13. Turn around the buoy and head downstream, now centre-right of the river.
- 14. Avoid potential shallows on the inside bank just above Eel Pie Island (stay at least 20m from the bank).
- 15. If doing another lap, stay in the centre of the river and continue downstream. Do not paddle through the finish funnel.
- 16. If finishing, go to the right-hand side of the river and enter the funnel to finish between the buoy and Ham bank.



Geoff Sanders and Mini K2 Course

	 Start at Ham Car Park, heading downstream. Bottom turn will be around the end of moored boats downstream of Glover's Island. Top turn will be around the upstream end of Eel Pie Island. Paddlers must stay right of boats moored at the top end of the island and go around the turn buoy above the island. Finish at Ham Car Park.
Important Course Notes	 All turns will be marshalled, with additional safety boat cover along the course. There will be separation buoys in place; paddlers must stay to the right of all of these. The start is from the race site (towards Richmond) opposite Marble Hill House (white villa) on the opposite bank. Finishes will be directly in front of the race site and can be viewed from the riverside area adjacent to the Boat Park.
	Remember to attend the race briefing for any last-minute changes or additional instructions. Safety is our top priority – please follow all instructions from race officials and safety boats.
	We reserve the right to make changes before or on the day if conditions require us to do so. A detailed description of the course map will be provided soon. Please check the Hasler Final website, look out for email updates, and attend the on-the-day briefing for the latest information.
Spectators	The race starts are visible from the Prize Giving/Briefing area shown on the Site Map. The start is from the race site (towards Richmond) opposite Marble Hill House (white villa) on the opposite bank.
	If you wish to follow the races by bicycle, you will find that the towpath follows the races all the way along the course.
	Good views are available from the towpath between the race site and Richmond town centre, where all divisional crews will come down to turn before proceeding upstream to finish.
	Finishes will be directly in front of the race site and can be viewed from the riverside area adjacent to the Boat Park.
Prizes	For the first three finishing crews in each class.
	Trophies available for the Hasler Final are
	 The Hasler Trophy will be awarded to the club scoring the most points at the final The Adam Thomasson Trophy will be awarded to the winner of the Division 2 race at the final The Ross Warland Memorial Trophy will be awarded to the highest-placed junior in the Division 4 race at the final The Committee Cup will be awarded to the highest place junior woman K1 in the highest division at the final

- The Ken Pereira Cup will be awarded to the highest place Junior C1 in the highest division at the final
- The Rhodes White Trophy will be awarded to the senior man K1 with the fastest time over the 12-mile course
- **The David Shankland Trophy** will be awarded to the senior or junior woman K1 with the fastest time on the 12-mile course
- **The Barber Trophy** will be awarded to the junior K1 with the fastest time over the 12-mile course
- **The Bill Sparks Trophy** will be awarded to the highest-placed veteran K2 in the highest division at the final
- **David Green Kirton Memorial Trophy** will be awarded to the highest placed senior K1 paddler in the Marathon World Championships. Although not part of the Hasler Final, this trophy will be awarded on the same ceremony.
- **Buoyancy aids** Buoyancy aids are compulsory for all paddlers ranked in Division 7, 8 and 9 irrespective of the class entered. This applies across age categories and in singles and doubles.

All competitors in the Geoff Sanders races must wear buoyancy aids.

We recommend that all juniors wear buoyancy aids. It is the responsibility of team leaders to enforce this, but they may, at their discretion, allow suitably able paddlers in Divisions 1-6 to be exempted from this rule. There is no requirement to inform the Race Desk of such exemptions, but team leaders must immediately inform us of any of their crews who they believe should not be wearing buoyancy aids. Please speak to the check-in desk.

In the event of significant river flow on the day, it may be required that other groups wear buoyancy aids whilst on the water, e.g. all juniors, all Div 4-6 paddlers or all crews.

It is the responsibility of team leaders to determine which of their paddlers should wear buoyancy aids based on these safety rules, on paddlers' abilities, and according to conditions on the day. They also need to ensure that this is carried out.

Team leaders must also bring to the race organisers' attention any competitors who are known to suffer from medical conditions that could adversely affect their safety. The race organiser will then decide what if any, extra control measures to put in place to ensure the safety of these competitors.

Team leaders will be assumed to have read and understood this policy by completing the Team Leader registration process.

- **Retirements** All competitors who fail to finish must report to a Marshal and inform them of their boat number and the fact that they have retired.
- **Supporters** Supporters must act responsibly towards their own crew and others. Please be aware of other towpath users.
- **Club Colours** Only crews wearing the correct club colours will score points towards the club competition.

Protests	MRC rules for any protests shall be used: The Race Organiser shall provide a Protest Committee consisting of three officials or members of the organising body to hear and settle all protests by any competitor in that event.				
	 The protests must be received within 30 minutes of the completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest. The protest must be in writing (via email marathon@richmondcanoe.club) to the Race Organiser and must give full details of the alleged infringement of 				
	 the rules. 3. The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with PaddleUK and Marathon Racing Rules. 4. The organiser shall retain the details and outcome of the protest, together with any appeal, and also inform their RMA, which will collate the information 				
Important Safety Notes	with other protests in their region. The race organisers reserve the right to CANCEL the event up to and including on the day in the case of an incident, emergency or conditions. We will do our best to notify team leaders, but please check the website for the latest information.				
	Should circumstances require the ABANDONMENT of the race whilst in progress, the following procedure will apply and will be strictly adhered to:				
	Crews on hearing continuous short blasts on air horns and/or seeing marshals waving red flags will immediately STOP. They will wait for a marshal to instruct them on how and where to proceed. Crews must be aware that other crews may not have heard or seen the warnings and must pass on instructions received to any such crew who they see still racing.				
	Depending on crews' locations, whether or not the Race has started, and the number of crews still being marshalled, they may be asked to either paddle to a specified get-out point or turn towards one of the banks and await further instructions.				
	Competitors should be aware that the River Thames can be busy with pleasure cruisers, rowers and other craft. Competitors must be mindful of these and other hazards. Competitors must follow all instructions from the Port of London Authority crew, Thames Lock Keepers, Environment Agency Officials and Race Marshals.				
	Competitors must support any other paddler in distress and should attempt to raise the attention of the safety boats or Marshals along the course.				
	The Tidal Thames can experience sudden increases in pollution, especially after heavy rainfall. Any paddler who feels ill after the race should draw this to the attention of their medical practitioner.				
	This part of the river is semi-tidal and experiences two tides a day. Care should be taken while getting in and out at the start and finish and when carrying boats.				
	Canoeing and Kayaking in all its forms is an 'Assumed Risk – Water Contact' sport. The organisers have done their best to provide a safe racing environment, but				

competitors are reminded of their duty of care to themselves and all other competitors. Safety is a shared responsibility.

To report any emergencies on the day, please telephone 07787 751757. Please do not use this for any other purposes.

Frequently Asked Questions • How can I register for the race?

Registration is available online starting Wednesday, 28th August. Ensure your entry is submitted by the deadline on 27th September at 10 pm.

- What are the fees for participation? Senior and Junior Divisional Races are £20 per seat. Geoff Sanders and Mini K2 races are £10 per seat.
- Are there any specific rules regarding boat specifications and safety? Yes, all boats must contain sufficient buoyancy and meet the structural integrity standards outlined in the Marathon Racing Rules. Inspections will occur in the Boat Check area on the day of the race.
- What should I do upon arriving at the venue? Follow the signs to the designated parking areas and ensure to check in at the Race Desk upon arrival. Check-in times are specific for team leaders and detailed in the race programme.
- Is there a map of the race course available? A detailed site map will be provided closer to the event date. Check the Hasler Final website for updates and attend the pre-race briefing.
- What provisions are there for environmental sustainability at the event? Participants are encouraged to use reusable water bottles and carpool where possible. Recycling bins will be available, and biosecurity measures must be followed to protect the local waterways.

• Where can I find the race results? Live results will be posted on race day at the site and on the Hasler Final website. Provisional results are available online the same day, with final results posted within seven days.

- What facilities are available on-site? Portable toilets are available, including disabled facilities. There are no showers, but facilities at the nearby clubhouse can be used.
- What food and beverages are available? Food stalls will offer a variety of options including pizza, burgers, and snacks. Competitors need to bring their own water bottles and cups.
- What should I do if I need to make a late entry or change to my crew? Contact the race organisers via email or at the team leaders' check-in. Note the specific deadlines for these changes in the race programme.

• Are dogs allowed at the event? Yes, dogs are allowed if kept under control.

Accommodation near Richmond Upon Thames These options should cater to different budgets while keeping you close to the action of the Hasler Final 2024. Richmond is a popular area, especially during events, so booking early can help secure better rates. Also consider checking Airbnb for local private rooms or whole properties that might offer competitive pricing for your team.

1. **Travelodge London Richmond Central** - A well-known budget hotel chain offering basic but comfortable rooms with en-suite bathrooms, free Wi-Fi, and a TV. Ideal for those looking for a no-frills stay.

- Location: 9 Paradies Rd, Richmond TW9 1RX
- Distance to Venue: Approximately 2 miles
- Price Range: £50+ per night
- 2. **Premier Inn London Richmond Hotel** Another reliable budget hotel option with comfortable rooms, an on-site restaurant, and easy access to public transport. Good value for money in a central location.
 - Location: 136-138 Lower Mortlake Rd, Richmond TW9 2JZ
 - Distance to Venue: Approximately 2.5 miles
 - Price Range: £60+ per night
- 3. **Richmond Park Hotel** A small, independently-run hotel offering a more personal touch. Rooms are simple but clean, and the location is excellent, just a short walk from Richmond Bridge.
 - Location: 3 Petersham Rd, Richmond TW10 6UH
 - Distance to Venue: Approximately 1 mile
 - Price Range: £70+ per night
- 4. **The Coach & Horses Hotel** A charming pub with rooms, offering a traditional British experience. The rooms are well-appointed, and staying here gives the added benefit of an excellent on-site restaurant and bar.
 - Location: 8 Kew Green, Richmond TW9 3BH
 - Distance to Venue: Approximately 2.5 miles
 - Price Range: £80+ per night
- 5. **Petersham Hotel** Although a bit pricier, if you can find a deal, it's worth considering for its close proximity to the race site. The hotel offers stunning views and comfortable rooms, making it a great option if you're looking for something slightly upscale without breaking the bank.
 - Location: Nightingale Ln, Richmond TW10 6UZ
 - Distance to Venue: Approximately 0.5 miles
 - Price Range: £130+ per night (occasional deals)
- 6. Walton on Thames Camping and Caravanning Club Site A well-maintained campsite offering both tent pitches and spaces for caravans/motorhomes. The site includes amenities such as showers, toilets, and a small shop. It's a great option for those looking to stay close to nature while being a short drive from Richmond.
 - Location: Fieldcommon Ln, Walton-on-Thames KT12 3QG
 - Distance to Venue: Approximately 10 miles
 - Price Range: £20 £35 per night (depending on pitch and facilities)
- 7. Chertsey Camping and Caravanning Club Site This site is located along the River Thames, offering beautiful views and a relaxing atmosphere. It has full camping facilities, including electricity, showers, and a children's play area. Ideal for those who want a scenic, riverside camping experience close to the race.
 - Location: Bridge Rd, Chertsey KT16 8JX
 - Distance to Venue: Approximately 12 miles
 - Price Range: £20 £40 per night
- 8. Laleham Camping Club A basic but pleasant camping spot located near the River Thames. It offers pitches for tents and caravans, with essential amenities such as showers and toilets. It's a budget-friendly option for those who don't mind a short drive to Richmond.
 - Location: Laleham Park, Thames Side, Staines TW18 1SS
 - Distance to Venue: Approximately 14 miles
 - Price Range: £15 £30 per night

Thank you

We thank the following organisations for their help and assistance with the event.

- Port of London Authority <u>https://pla.co.uk/</u>
- Richmond Borough Council <u>https://www.richmond.gov.uk/</u>
 Twickenham Yacht Club <u>https://www.twickenhamyc.co.uk/</u>
- Chromatic Brands https://www.chromaticbrands.com/