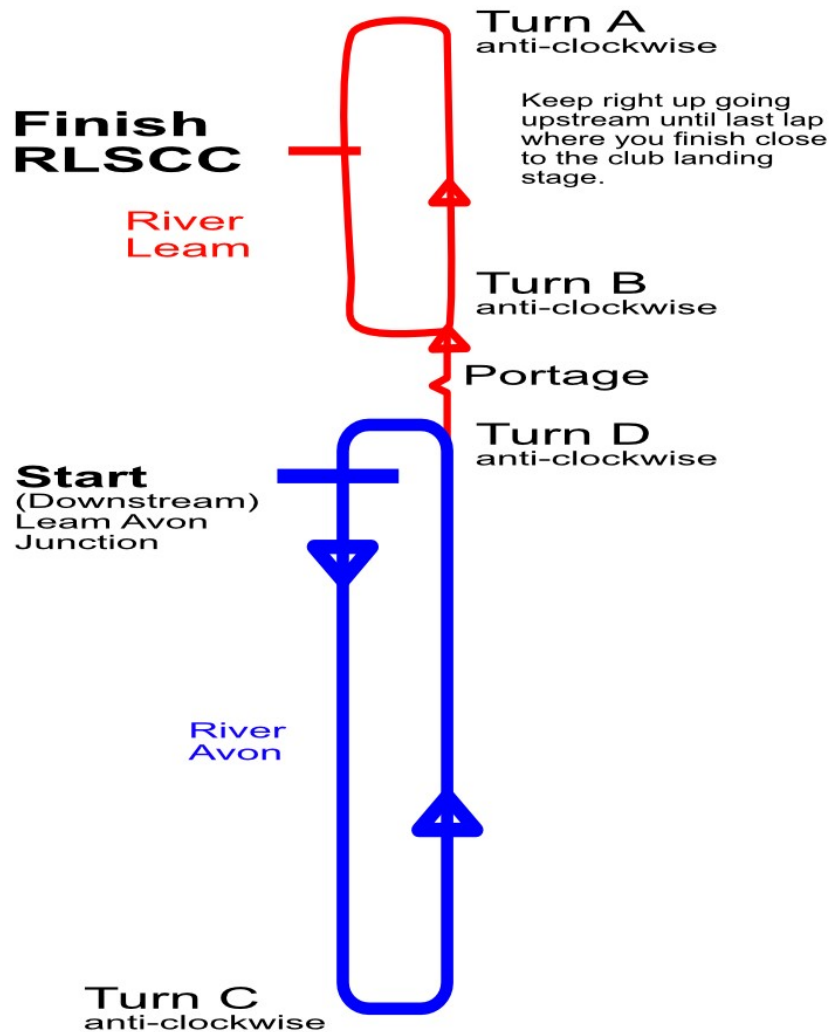


Div. 1-6



Div 4 - 6

- Start @ Leam Avon Jct.
- 2 Laps, (Avon) anti-clockwise turns.
- Portage
- 2 1/4 Laps of Leam
- Finish up stream.

Start @ Leam Avon Jct,
Turn C,D, C,
Portage,
Turn A, B, A, B,
Finish.

Div 1- 3

- Start @ Leam Avon Jct.
- 4 Laps (Avon), anti-clockwise turns.
- Portage
- 2 1/4 Laps Leam
- Finish

Start, Turn C, D, C, D, C, D, C, Portage,
A,B,A,B, Finish.

1 full Avon lap = 3.25k

Jct - club = 1.5k

1 lap Avon = 2k. (Approx distances)